CAMBRIDGE

SECOND EDITION

TOUCHSTONE

STUDENT'S BOOK 3



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Family life



☑ 📆 In this unit, you learn how to . . .

Lesson A

 Talk about family life using let, make, help, have, get, want, ask, and tell

Lesson B

- Talk about your immediate and extended family
- · Describe memories of growing up with used to and would

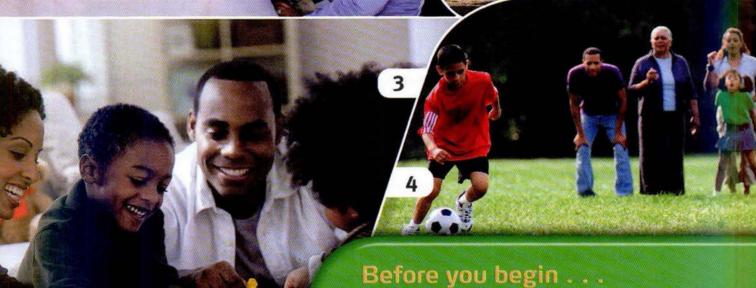
Lesson C

- Give opinions with expressions like If you ask me
- Agree with opinions using expressions like Absolutely and That's true

Lesson D

- · Read a blog about family meals
- Write a blog entry about a family memory

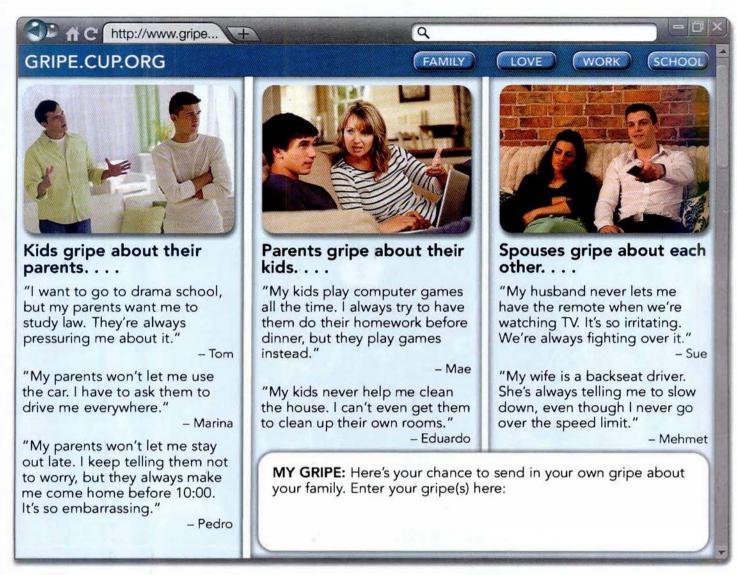




What activities do you and your family do together?

Tell the class three things.

Family gripes





Getting started

A What are some things family members argue about? Add your own ideas. Tell the class.

chores school sharing things staying out late

B 4) 2.01 Listen and read the messages on the website above. What problems do the people have?

Figure C Complete sentences about the people above. Add verbs.

1. Marina's parents won't let her _____ the car.

Pedro's parents make him ______ home before 10:00.

Mae tries to have her kids _____ their homework before dinner.

Eduardo can't get his kids _____ their rooms.

Mehmet's wife always tells him ______ even when he's not driving fast.

About Do Pair work Do you have the same gripes as the ones on the website? Tell a partner.

help + verb



Grammar let, make, help, have, get, want, ask, tell ◄)) 2.02

Extra practice p. 143

let / make / help / have + object + verb

My parents won't let me stay out late.
They make me come home before 10:00.
My kids never help me clean the house.
I have them do their homework before dinner.

get / want / ask / tell + object + to + verb

I can't get them to clean up their rooms.

My parents want me to study law.

I have to ask them to drive me everywhere.

My wife is always telling me to slow down.

In conversation

help + to + verb

Common errors

but this is much less common.

You can also say help me to do something,

Don't use to with let, make, or have.

They make me come home before 10:00. (NOT They make me to come home . . .)

| A Choose the correct verbs to complete the sentence | A | Choose | the correct | verbs to | complet | e the sente | nces. |
|---|---|--------|-------------|----------|---------|-------------|-------|
|---|---|--------|-------------|----------|---------|-------------|-------|

| 1. | When I was a kid, my parents never _ | let | _ me walk |
|----|--------------------------------------|-----|-----------|
| | to school by myself. (got / let) | | |

- 2. My parents made me ______ to bed at 8:00. (go / to go)
- 3. My mother couldn't _____ me to eat fish. I was a picky eater! (make / get)
- 4. My brother never lets me ______ his computer. (use / to use)
- 5. My parents _____ me to spend more time with them. I should, but I'm too busy. (want / have)
- 6. My dad's always telling me _____ more exercise. (get / to get)
- 7. I always _____ my husband make breakfast on weekends so I can sleep late. (have / get)
- 8. I think kids should _____ their parents clean the house. (get / help)
- 9. My parents always say they want me _____ happy, not rich. (to be / be)
- 10. I usually _____ my parents know when I'm going to be home late. (let / have)

About B Pair work Make five of the sentences above true for you. Tell a partner.

- A When I was a kid, my parents never let me eat junk food.
- B Really? My parents let me have soda and stuff, but they made me eat vegetables, too.

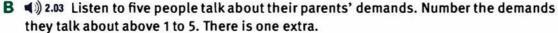
Listening and speaking Reasonable demands?

A Read the list of demands that parents make on their children.
What other demands do parents make?

My parents want me to . . .

- 1. ____ get married and start a family.
- 2. ____ study a subject I'm not interested in.
- 3. ____ work in the family business.
- 4. ____ change my appearance.
- call them every week.
- 6. ____ move nearer to them.





About C Pair work What demands do your parents or your friends' parents make? Why? Which demands are reasonable? Which are not? Tell a partner.

"My parents don't want me to get married too soon. They want me to finish college first."

Family memories



Building vocabulary and grammar

A 1) 2.04 Listen and read the article. What memories do these people have?

We asked people to send us a photo and writ their happiest childhood memory.



My happiest memory is of my greatgrandmother. She always used to keep candy in her pockets, and she'd always give us some when we came to visit. My dad used to tease us and say. "Grandma, don't give them any candy!" But she did anyway.

- Rosa, Guadalajara, Mexico



All my aunts and uncles used to come over for Sunday dinner, and there were always about 12 of us around a gigantic table. My cousins and I would crawl under it during dinner and play. I'm an only child, so it was nice to be part of a big extended family.

- Vasily, Saint Petersburg, Russia



My sister and brother-in-law used to live next door. I'm only a little older than my sister's kids, so I kind of grew up with my niece and nephew. I used to go over there a lot, and we'd play together. I was their favorite aunt!

Haruka, Sendai, Japan



I used to love playing basketball with my four brothers. I grew up in a blended family, with two stepbrothers and two half brothers. After my parents got divorced, my father married a woman with two sons, and they had two more kids together. Anyway, the five of us used to play on a team, and we would always win.

- Justin, Vancouver, Canada

word Complete the chart with male or female family members and with other expressions. Add more ideas. Then tell a partner about your family.

| Immediate family | | Blended family | | Extended family | |
|------------------|----------|----------------|-------------|-------------------------|-------------------|
| father | mother | stepfather | | | great-grandmother |
| | sister | | stepsister | grandfather | |
| husband | | stepson | | | aunt |
| | daughter | | half sister | (first / second) cousin | |
| | Other ex | pressions | | | niece |
| only child | | fiancé | | brother-in-law | |

"I'm an only child, but I have six first cousins."



Figure C Underline all the examples of used to and would / 'd in the article. Are these activities and situations in the past or present? Are they finished, or do they still continue?

Grammar used to and would ◄)) 2.05

Extra practice p. 143

Use used to for regular activities or situations in the past that don't happen now or are no longer true.

I used to go over to my sister's house a lot. My grandmother used to keep candy in her pockets. The five of us used to play on a team.

Negatives and questions with use to are less common.

I didn't use to like jazz.

What kind of music did you use to like?

Use would or 'd for regular activities in the past.

- I'd play with my niece and nephew.
- She'd always give us some.
- We would always win.

Don't use would for situations in the past.

My sister used to live next door. (NOT My sister would live next door.)

In conversation

People often begin a story with used to and then continue with would.

- About What family memories do you have? Complete each sentence and add a sentence with would. Then compare your memories with a partner.
 - 1. My family used to go to the beach in the summer. We'd go almost every weekend.
 - My mother used to make for us.
 - 3. My brother / sister and I used to play ______ together.
 - 4. My family used to watch _____ on TV.
 - 5. I used to see my aunts, uncles, and cousins ___
 - 6. My grandparents used to take me to ____
 - 7. My family always used to _____ on Sundays.
 - 8. My parents didn't use to _____ on weekends.

Common errors

Don't use used to to talk about your routines in the present.

I used to skip lunch, but now I usually have a sandwich.

(NOT . . . now+used to have a sandwich.)

- A My family used to go to the beach in the summer. We'd go almost every weekend.
- B Really? I bet that was fun. My family used to visit my grandmother...

Speaking naturally used to

We used to visit my great-grandmother. I used to play with my cousins.

- A 1) 2.06 Listen and repeat the sentences above. Notice the reduction of used to.
- 8 4) 2.07 Now listen and repeat these sentences.
- 1. I used to love jumping rope.
- 2. I used to hate spinach.
- 3. I used to be afraid of spiders.
- 4. We used to have a cat.
- My sister used to tease me a lot.

- About Vou C Pair work Use the ideas above to talk about your childhood.
 - A When I was a child, I used to love playing hopscotch.
 - B Me too. And I also used to like . . .

(n. Sounds right p. 137

Family activities



Reading



- About A When you were a child, did you and your family use to eat together every day? What were family meals like? Tell the class.
 - B Read Barbara's blog. Why does Barbara think families should eat together more often?

Reading tip

Sometimes writers state similar ideas in the first and last paragraph. This helps tie the reading together.





http://www.barbarasblog... +

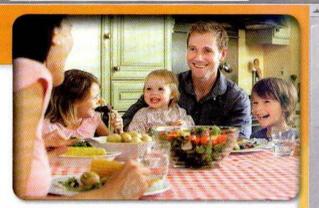


Q

Barbara's Blog

It seems to me that families used to eat more meals together. And nowadays, there's often a TV nearby, or someone's talking on a cell phone or texting during dinner.

My family always used to eat dinner together, no matter what. We'd wait for everyone to get home, and then we'd all sit down together. My parents never let us take food into another room to watch TV, and if the phone rang, my



mom would have us tell the caller to call back later. During dinnertime conversation, everyone had a chance to talk. Back then, I was a bit quieter than my siblings, so my dad would often ask me to talk about my day. That's how we learned to share and take turns, so everyone got to join in.

Speaking of taking turns, all of us kids used to take part in either preparing the meal or cleaning up. Sometimes my mom would let me help her in the kitchen - I'd wash and chop vegetables, or things like that. We'd always have fresh food, or at least leftovers from the night before . . . no fast food or take out.

Now, I won't pretend our mealtimes were absolutely perfect. There was plenty of sibling rivalry, especially between my little brother and me. We used to fight all the time and sometimes kick each other under the table. Then our parents would intervene, telling us to "get along or else!" Nobody knew exactly what "or else" meant, but we didn't want to risk finding out.

These days, it seems like families have little time together, especially at mealtimes. I was reading an article that said children who have regular meals with their families feel less stressed, have a healthier weight, get better grades, and are less likely to get into trouble than children from families that don't eat together. I wonder if those families know what they're missing.

| C | Find the expressions on | the left in the blog. | Match each one | e with a similar expression. |
|---|---------------------------|-----------------------|----------------|------------------------------|
| | The time on proportion on | | | contract conpression |

- 1. no matter what \underline{f}
- 2. leftovers ____
- 3. pretend _____
- sibling rivalry _____
- intervene ____
- 6. or else ____

- a. food remaining after a meal
- b. competition between brothers or sisters
- c. become involved in a difficult situation
- d. act like something is true that is not
- e. or something bad will happen (used as a threat)
- f. in any situation

| D | Read the blog again. Are these sentences true or false? For each statement below |
|---|---|
| | check (\checkmark) T or F. Correct the false statements. Then compare with a partner. |

| | | T | F |
|----|--|---|---|
| 1. | Barbara's mother used to let her watch TV while she ate dinner. | | |
| 2. | As a child, Barbara was less talkative than others in the family. | | |
| 3. | The kids in Barbara's family helped make dinner and clean up. | | |
| 4. | Barbara got along well with all her siblings at dinnertime. | | |
| 5. | Barbara thinks kids are healthier when they eat with their families. | | |

Listening and writing Family memories

A ■)) 2.11 Listen to three people talk about their memories of family life. What did they use to do? Number the pictures.







- B ◀)) 2.11 Listen again. Why don't the people do these things now? Write a reason for each one on the line. Compare with a partner.
- About C Pair work Think of three things you used to do with your family. Tell a partner.
 - A We used to go skiing every winter, but my dad hurt his knee, so we stopped.
 - B Really? My parents didn't let us go skiing because they thought it was too dangerous.
 - Read the blog below and the Help note. Underline the time markers. Then write a blog about a family memory from your childhood.

Our roller-skating days

When we were kids, my sister and I used to roller-skate a lot. We would skate on the sidewalk or on the school playground. In those days, we didn't have all the safety equipment kids use today. These days, kids wear helmets, knee pads, and wrist guards. Back then, we just had to skate carefully and try not to fall.

Help note

Using time markers

Use these time markers to show the past:

When we were kids, ... / When I was ...,
In those days, ... / Back then, ...
Use these time markers to show the present:
today, now, nowadays, these days

E Group work Read your classmates' blogs. Then ask questions to find out more information.

"Did you use to skate to school?" "Did your parents let you play outside by yourself?"

Free talk p. 131



Learning tip Word webs

Use word webs to log new vocabulary about your family members. What memories do you associate with each person?

1 Look at the picture. Complete the word web with memories of the grandfather in the picture.

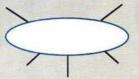
was interested in <u>old cars</u>. used to drink _____.

My grandfather

had ____ and a mustache. used to wear _____.

always listened to _____.

2 Make word webs like the one above about two people in your family. How many memories can you think of?



ex-husband





3 Word builder Do you know this vocabulary? Find out the meanings of any words you don't know.
Try to add some of the words to your word webs.

great-aunt

separated

single parent



adopted

On your own

Make a photo album of your family. Find photos of each of your relatives. Write their names and a short memory about each picture.





Now I can . .

- ✓ I can . . . ? I need to review how to . . .
 - AND REAL PROPERTY.
- talk about my family life and habits.
- share my memories of growing up.
- describe things that happened in the past that don't happen now.
- give my opinions.
- use expressions like Absolutely, Definitely, etc.
- understand people talking about demands their parents make on them.
- understand people discussing things they used to do.
- read a blog about family meals.
- write a blog entry about a family memory.

Food choices



√ 80! In this unit, you learn how to . . .

Lesson A

 Talk about eating habits using expressions like a bottle of, a little, a few, very little, and very few

Lesson B

- · Talk about different ways to cook food
- · Talk about food using too, too much, too many, and enough

Lesson C

- Respond to suggestions by letting the other person decide
- · Refuse offers politely with expressions like No, thanks. I'm fine.

Lesson D

- Read about snacks around the world
- Write about a dish from your country



Before you begin . . .

Can you find these things in the picture? What other food items can you find? Have you bought any of these things recently?

- a bag of potato chips
- a bottle of ketchup
- a package of cookies
- some cartons of juice
- a box of cereal
- a loaf of bread
- · a jar of mustard
- a can of soup
- a tub of margarine

Healthy food

What do you have in your refrigerator?

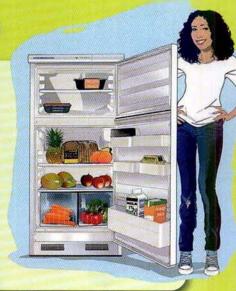
We visited three people to see what they keep in the fridge.

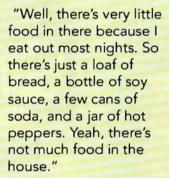
"Let's see, um, a carton of eggs, some milk, a pound of hamburger meat, a few slices of cheese, a jar of mustard, and a little butter. Um, there aren't many vegetables. There are just a few green peppers going bad in the vegetable drawer. I guess I should eat more vegetables."

- David Freeman

"Oh, there's lots of stuff. There's fruit – oranges, mangoes, a pineapple.
And I always have plenty of fresh vegetables – broccoli, tomatoes, and carrots. And there's a carton of orange juice and a tub of margarine. I usually buy 1 percent milk because it has fewer calories. And then in the freezer there are one or two frozen dinners, but not many. We eat very few frozen meals."

- Marta Delgado





- Chris Kim





Getting started

- A How often does your family buy food? Do you buy groceries online? at a supermarket?
- B (1) 2.12 Listen to the people above. Who has the healthiest food in their refrigerator?
- Figure and the correct words in the sentences below.
 - 1. Chris also has a little / a few butter and a bottle / carton of orange juice.
 - 2. Marta also has a few / not much apples and a loaf / jar of bread.
 - 3. David also has a bottle of / bottle of ketchup and some soda. He doesn't have much / many food.



Grammar Talking about quantities of food ◀)) 2.13

Extra practice p. 144

Uncountable nouns

We have a little butter in the fridge. = some There's very little food. = not a lot I'm trying to eat less fat. There's not much food in the house.

Food containers / items

a carton of juice ► two cartons of juice a loaf of bread ► two loaves of bread

Countable nouns

We have a few slices of cheese. = some We eat very few frozen meals. = not a lot 1 percent milk has fewer calories. There aren't many vegetables.

Weights and measures

a liter of / a quart of a kilo of / a pound of kilo = kilogram 1 liter = 1.1 quarts 1 kilo = 2.2 pounds

logram 💢 Common errors

A Choose the correct words to complete the sentences.

Then compare with a partner.

Don't use a little, much or many + of + noun.

There isn't much cheese.
(NOT There isn't much of cheese.)

- 1. In my refrigerator, there's always a jar / a jar of spaghetti sauce and a quart of / a few milk.
- 2. In my kitchen cabinet, there's package of / a package of rice and a little / a bag of chips.
- 3. I try to eat healthily, so I eat a few / not much vegetables and a little / very little fruit every day.
- 4. I've bought very few / very little meat and very few / very little cookies recently.
- 5. I should eat less / fewer junk food. I know it doesn't have much / many vitamins.
- 6. Leat less / little fast food than Lused to, though I still enjoy a little / a few fries when I can!
- 7. Yesterday, I had a little / a few chocolate as a treat.
- 8. We always keep a few basics in the house: a couple of loaves of / loaf of bread, some cartons of / carton of milk, a few slices of / a few cheese, and a few / a little eggs.

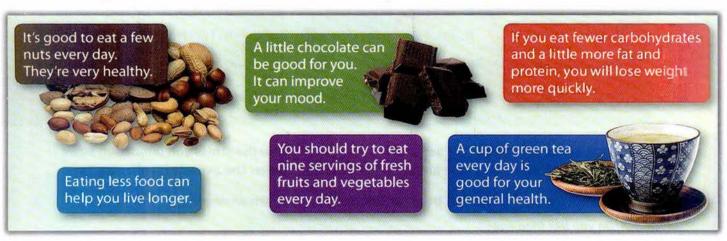
About B Pair work Make the sentences true for you. Compare ideas.

A In my refrigerator, there's always a jar of mayonnaise, but there's not much else!

B Yeah? We don't eat much mayonnaise, but we have a few jars of salsa.

Talk about it Is it good for you?

Group work Discuss these beliefs about food. Do you agree? What other beliefs are there?



A Do you believe it's good to eat a few nuts every day?

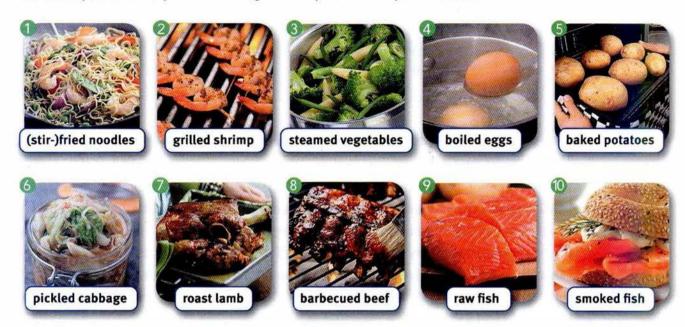
B Well, I don't eat many nuts, actually. They have a lot of fat in them.

A question of taste



Building vocabulary

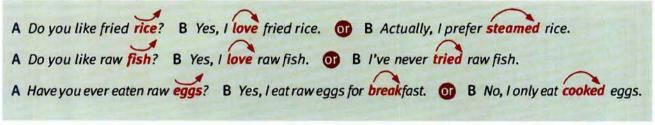
A Have you eaten any of these things recently? Which do you like best?



How do you like to eat different kinds of food? Make word webs like these using the words above. Then compare with a partner.



Speaking naturally Stressing new information



- A (3) 2.14 Listen and repeat the sentences above. Notice how the stress and intonation move to the new information in the answers. Then ask and answer the questions with a partner.
- About B Pair work Ask questions like the ones above. Give your own answers.
 - A Do you like fried eggs?
 - B Actually, I prefer boiled eggs. OR No, I hate fried eggs.

Building language

▲ ■) 2.15 Listen. What do Carla and Leo want to order? Practice the conversation.

- Carla Are you going to have dessert?
 - Leo No, I'm too full. I ate too many fries.
- Carla Do you mind if I have something? My salad wasn't filling enough. I mean, is there enough time? I know I eat too slowly - probably because I talk too much!
 - Leo That's not true! Anyway, I want another iced tea. I'm really thirsty. I guess I put too much salt on my fries.
- Carla OK. So I'm going to order some apple pie.
- Leo Mmm. Sounds good. Maybe I'll have some, too.
- Carla Well, as they say, there's always room for dessert!



| igure it out | B | Can you comple | ete these sentences with enough, | too, too much, or to | o many? | | |
|-----------------|----|-------------------|----------------------------------|----------------------|------------|----------------------|-----|
| | 1. | Leo ate | fries, and he put | salt on them. | | 981 | |
| | 2. | Carla's still hun | gry because she didn't eat | food. | | | |
| | 3. | Leo is | full, but Carla isn't. Her salad | d wasn't filling | | | |
| | 4. | Carla eats | slowly. She doesn't eat f | ast | She talks_ | | |
| 4 | G | rammar to | o, too much, too many, and eno | ugh ◀)) 2.16 | | Extra practice p. 14 | i L |

too / too much / too many enough l ate too much food / too many fries. I didn't eat enough food / fries. With nouns As pronouns l ate too much / too many. I didn't eat enough. He's too full. Her salad wasn't filling enough. With adjectives She doesn't eat fast enough. With adverbs She eats too slowly. With verbs She talks too much. Maybe she doesn't listen enough.

| A | Complete these sentences with too, too much, too many, or enough. |
|---|---|
| | More than one answer may be possible. |

| 1. | l eat fast food and | not fruits and vegetables. | |
|----|--|--|---------------|
| 2. | There's nevertime | to shop or cook during the week, so I eat out a lo | ot. |
| 3. | During my exams, I study | and I don't sleep | |
| 4. | I don't like fried foods – there's | fat in them. It's better to grill or stea | am food. |
| 5. | If I don't eat for bre hungry to wait for l | akfast, or if breakfast isn't filling unch. | , I'm usually |
| 5. | Sometimes, I eat fa | st and I get a stomachache. Or I eat | |
| 7. | I don't like ice cream. I find most de | esserts are sweet for me. | |
| 3. | I'm probablycarefu | l about what I eat, but I get sick if I eat | fatty things. |

- Pair work Are the sentences above true for you? Discuss with a partner.
 - A Actually, I don't eat too much fast food. I don't eat too many fries or anything.
 - B That's good. I eat too much fast food. I don't eat properly.

(1. Sounds right p. 138

The world's favorite snacks

Reading

- A Brainstorm! How many different snacks can you think of? Which ones are popular in your country? Make a class list.
- B Read the article. Which snacks have you heard of? Have you tried any of them?

Reading tip

Writers sometimes start a sentence with a short description of something before they name it. **Originally from Spain**, empanadas are baked or deep-fried pastries. . . .



http://www.snacksaroundtheworld...





SNACKS AROUND THE WORLD

BAOS

Baos are delicious steamed or baked buns with a variety of fillings such as spicy meat, sweet bean, pickles, or custard. A favorite in many Asian countries, they are delicious at any meal – even breakfast. Although they have been popular for over 2,000 years, people are still coming up with new ideas for fillings – like scrambled eggs or coconut!





MOCHI ICE CREAM

In the 1980s, a Japanese company showed the world a great new way to eat ice cream. They wrapped little ice cream balls in colorful sheets of sticky rice called *mochi*. You can hold these little treats in your hand as you eat them, and the ice cream won't melt on your fingers! Now popular in many countries, frozen mochi ice cream comes in flavors like green tea, chocolate, and mango.

DOLMA

Popular throughout Mediterranean countries, dolma are particularly popular as a snack food in Turkey. The best-known dolma are grape leaves stuffed with tasty ground-meat fillings or rice with herbs and spices and a few nuts. (In Turkish, dolmak means "stuffed.") Freshly steamed, dolma are delicious with yogurt.





FLAVORED POPCORN

People never get tired of popcorn. Native Americans first ate popcorn over 2,000 years ago, and people around the world still love it today! Buy it ready-made or cook it in a little oil until it "pops." Or make your own microwaved popcorn, and add your own flavors. How about a little cheese, chocolate, or caramel on yours? Some even more creative flavors are baked potato, curry, and taco. What new popcorn flavor can you think of?

EMPANADAS

If you're in Latin America, and you're looking for a quick snack, chances are you're not far from an *empanada* stand. Originally from Spain, empanadas are baked or deep-fried pastries that have a variety of different fillings depending on the region. Traditional fillings often have meat and potatoes or meat with spices, chopped onion, egg, olives, and raisins. In southern Europe, they often have a fish filling. They make a great snack at any time of the day.



C Read the article again. Complete the chart for each snack.

| Name of snack | Popular where? | Cooked? How? | Ingredients / flavors |
|---------------|----------------|-----------------|-------------------------|
| baos | Asia | steamed / baked | spicy meat, sweet bean, |
| | | | |
| | | | |
| | | | |
| | | | |

Listening and speaking Snack habits

A Have you tried any of the snacks below? Which countries do you think they come from originally?









B ◀)) 2.19 Listen. How would the three people answer the questions? Complete the chart.

| | Zoe | Josh | Kate |
|--------------------------------|-----|------|------|
| What's your favorite snack? | | | |
| 2. When do you eat it? | | | |
| 3. Do you think it's healthy? | | | |
| 4. Do you know how to make it? | | | |

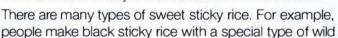
About C Group work Discuss the questions above. Complete a chart like the one above with your classmates' information. Which snacks are healthy? Which do you like?

Writing You should definitely try it!

A Read the Help note and the article below. What do like, for example, and such as give examples of?

A THAI TREAT

If you visit Thailand, you should try some of the delicious desserts, like sweet sticky rice. People often eat it as an afternoon snack with tea or for dessert. You can order it in a restaurant or buy it on the street at a food stand.



people make black sticky rice with a special type of wild rice, and they also make sticky rice with corn. You can put different toppings on sweet sticky rice, such as coconut custard, fresh coconut cream, and fresh mangoes.



Giving examples
You can introduce
examples with:
like
for example
such as

- B Choose a popular snack food or traditional dish in your country.

 Write an article about it for a food website. Include a photo if you can.
- C Class activity Read your classmates' articles. Choose three to add to your website.

Learning tip Collocations – words that go together

Learn new words in combination with other words. For example, learn adjectives that often go before a noun.

boiled eggs, fried eggs, raw eggs

In conversation

The most common collocations in conversation with these six cooking words are:

- 1. fried chicken
- 4. grilled cheese
- 2. boiled eggs
- 5. smoked salmo
- 3. baked potatoes 6. raw fish
- 1 Cross out the adjective that doesn't go well with each noun.
 - a. fried pickled smoked raw onions
- b. barbecued steamed fried boiled rice
- c. stir-fried spicy boiled pickled
- d. smoked fresh canned dried fruit
- 2 How many cooking or taste words can you put before these foods? List them from your least favorite to your favorite ways of eating them in a chart like the one below.

carrots chicken eggs fish pineapple red peppers

least favorite ------ favorite

boiled steamed stir-fried raw carrots

3 Word builder Which adjective goes best with each noun? Complete the expressions.

scrambled √creamed dark mashed sweet and sour whole whole wheat grated shrimp chocolate bread eggs creamed spinach milk potatoes cheese



On your own

Find a restaurant menu online and translate five of the dishes into English.





Can! Now I can . .

- ✓ I can . . .
- ? I need to review how to . . .
- talk about quantities of food and eating habits.
- discuss different ways to cook food.
- respond to suggestions by letting the other person decide.
- use expressions like *I'm fine* to refuse offers.
- understand people offering and accepting or refusing food.
- understand conversations about snacks.
- read about snacks around the world.
- write about a dish from my country.

Managing life



Con! In this unit, you learn how to . . .

Lesson A

 Talk about future plans and schedules using will, be going to, the present continuous, and the simple present

Lesson B

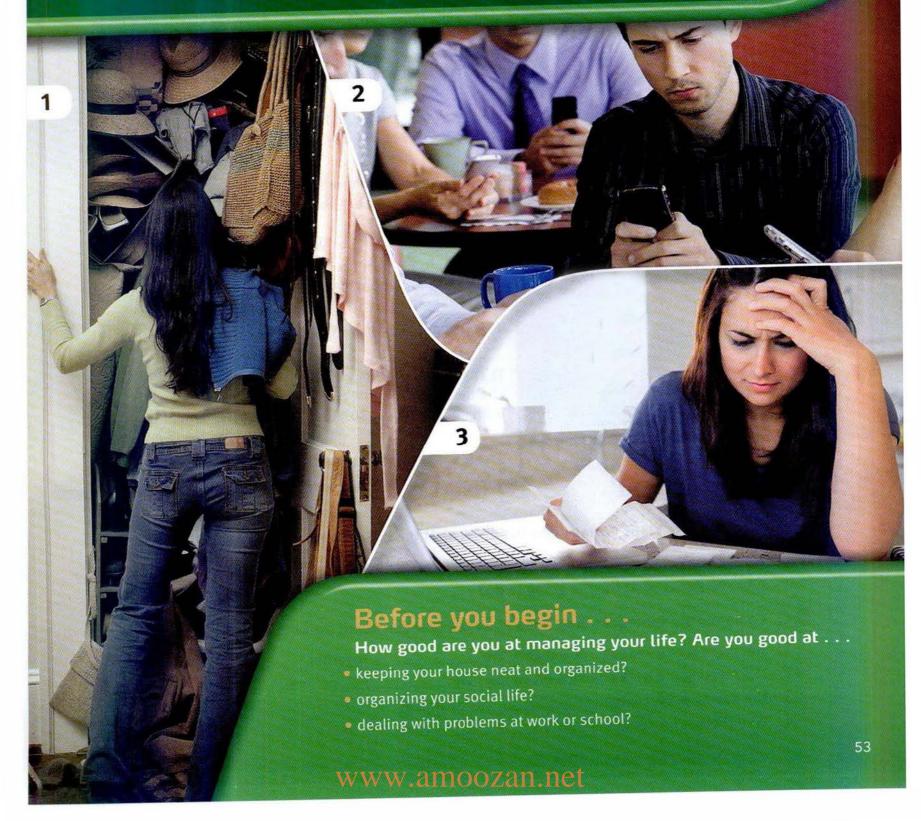
- Discuss problems and solutions using ought to, have got to, would rather, had better, etc.
- Use expressions with make and do

Lesson C

- Use expressions like I'd better go to end phone conversations
- Use expressions like Catch you later to say good-bye

Lesson D

- Read a blog about multitasking
- Write some advice about time management



Making plans



Hello?

Oh, hi, Brandon. How are you?

Good, really good.... No, it's OK. I'm on my way home.

What am I doing tomorrow night? Actually, I don't think I'm doing anything....

Oh, wait. Tomorrow's Tuesday. I have my kickboxing class. That starts at 7:00, and then I'm meeting Anna afterwards. We're going to have dinner together. But, yeah, I'd love to catch up with you. How about Wednesday night?

Huh. So you're going to be out of town for a couple of days, ... but you'll be back Friday, right? So what about Friday?

Uh-oh. I just remembered. My boss is going to have us all work late Friday. She mentioned it last week. We have this big deadline.

Yeah, yeah. We won't be finished on time. It's a long story. Uh, I'll tell you about it sometime.

Tonight? Actually, I'm not doing anything!

That's a fabulous idea. I'll just stop by my apartment to get changed, and then I'll come right over to meet you.

I can get there by 7:30. And I'll call for a reservation.

Great. So, see you in about an hour. Bye.

Getting started

- A What kinds of plans do you make in advance? at the last minute? Tell the class.
- **B** 3) 2.20 Listen. Stacy is talking on the phone to her friend Brandon. When do they decide to meet? Can you guess what they're going to do?

Figure Complete the sentences. How does Stacy tell Brandon about these things?

- 1. Her plans with Anna tomorrow night: "We ______ together."
- 2. Not meeting the work deadline on Friday: "We _____ on time."
- 3. Not having plans tonight: "I ______ anything."
- 4. Why she can't meet tomorrow: "I _____ class."



Grammar Talking about the future ◄)) 2.21

Extra practice p. 145

Use will when you decide to do something as you are speaking.

Use will or be going to for factual information or predictions based on what you know.

Use the present continuous or be going to (not will) for decisions you've made and fixed plans.

Use the simple present for schedules.

I'll just stop by my apartment to get changed and then I'll come right over to meet you. (NOT I come right over . . .)

You're going to be out of town, but you'll be back Friday? My boss is going to make us work late Friday.
Our project won't be finished on time.

I'm meeting Anna after my kickboxing class. We're going to have dinner together. I'm not doing anything tonight.

I have my kickboxing class to morrow. It starts at 7:00.

| A | Complete the conversations with appropriate ways to talk about the future, using the words given. |
|---|---|
| | There may be more than one possible answer. Then practice with a partner. |

| 1. | A | So, whatyou (do) after class tomorrow? |
|----|---|---|
| | В | Well, actually, I (take) the afternoon off tomorrow. I (have) lunch with my sister. So yeah, I (not / work) in the afternoon. |
| | A | That sounds nice. Where you (have) lunch? |
| | В | I'm not sure. Do you want to meet us? I'm sure my sister (not / mind). |
| | A | OK. Sure. I (text) you tomorrow when I get out of class. |
| 2. | Α | (have) a party at my place Friday night. Can you come? |
| | В | Actually, I (have) basketball practice at 7:00 on Friday. |
| , | | It (not finish) until 9:00. Is that too late? |
| | A | No, not at all. My guess is that most people (not arrive) until after 9:00 anyway. |
| | В | OK, great. So I (come) over right after practice. It (be) around 9:30. |
| 3. | A | Soyou (go away) this weekend? |
| | В | Actually, we (go) on a boat trip on the lake on Saturday. The weather report says it (not / be) too windy. So yeah, it (be) fun, think. |
| | A | That sounds great. I've never done that. |
| | В | You're kidding. Why don't you come with us? The boat (leave) at 9:00. I (call) my brother and ask him to get you a ticket. |
| | | |

About B Pair work Ask and answer the questions above. Give your own answers.

3

Listening and speaking Fun invitations

A ◀)) 2.22 Listen. Complete the chart. Which invitation sounds the most interesting to you?

| | Anton | Clareta | Callie |
|----------------------------------|-----------|---------|--------|
| What's the invitation for? | a concert | | |
| What day? What time? | | | |
| What are his / her plans then? | | | |
| What does he / she decide to do? | | | |

B Pair work Student A: Invite your partner to do something with you on a specific day. Student B: Tell your partner your plans for that day, and make a decision about what to do.

Problems and solutions



Building vocabulary and grammar

A •1) 2.23 Read the posts and replies on the website. Complete the expressions with the correct form of do or make. Then listen and check.

| | Do you have a personal problem that you'd rather not discuss with friends or family? Get some confidential advice from our online life coach. | | | |
|---|--|--|--|--|
| volunteer work in a school or a hospital, but I'm too busy just trying to a living. I have very little free time, so I think I'd better not add anything to my schedule right now. Am I right? | O3 I'm meeting my girlfriend's parents for the first time next weekend. They've invited me for dinner. I'm going to my best to a good impression on them, but I'm really nervous. Any advice? | | | |
| Coach Don'texcuses. You don't have to spend all your free time doing volunteer work – three hours a week is enoughsome research, and find an organization where you feel you cana difference andsome good for other people. | an effort to dress nicely, and sure you take them a small gift, such as flowers or chocolates some nice comments about their home, the food, etc., but don't overdo it. You ought to let them the talking at first. The most important thing, however, is just to be yourself. | | | |
| mistake, and hefun of me in front of my co-workers. I've tried talking to him, but it doesn'tany good. He won't listen. I guess I'm going to have tosomething about this problem, but what? Coach It doesn'tany sense to ignore this problem, and you'd better do something quickly before it gets worsean appointment with your Human Resources representative. You might want to take a colleague with you, too. | a lot of thinking about it, but I can't up my mind if I should take it. Sometimes I think I'd rather stay in my current job. I've got to decide by next week. What should I do? Coach a list of the pros and cons of each job, and give each one a score from 1 to 5 (5 = the best). Then the math - add up the points for each list, and subtract the con totals from the pro totals. Which job has the highest score? Does that help you a decision? | | | |
| Make word webs like these for do and make. Add other expressions you know. Then discuss the life coach's advice with a partner. Do you agree? What advice can you add? some volunteer work | | | | |

- Figure C Find expressions on the website with the same meanings as the underlined words below.
 - 1. I should do some volunteer work.
 - You really should do something quickly.
- 3. I have to make a decision soon.

Vocabulary notebook p. 62

4. I'd prefer to stay in the same job.

56

2 Grammar What's advisable, necessary, preferable **4 ③ 2.24**

What's advisable

You'd better do something quickly. ('d = had) I'd better not add anything to my schedule.

I **ought to** do some volunteer work. You **ought to** let them do the talking.

You **might want to** take a colleague with you.

What's necessary I'm going to have to do something about it.

I've got to decide by next week. ('ve = have)
You don't have to spend time on this.

What's preferable I'd rather (not) stay in my current job. ('d = would)

Pair work Complete the conversations with problems and solutions. Then compare with a partner. Did you have any of the same ideas?

| in c | onversation 🔪 💮 |
|--------------|---|
| | d is more common ought to or had better should |
| oug | ht to |
| had | better |
| Con | nmon errors |
| | use <i>had better</i> for al advice. |
| ou sh | ouldn't ignore proble Ou had better not ign |

| 1. | A | We have a test tomorrow, so I ought to tonight, but I'd rather |
|----|---|--|
| | В | You know, I think you'd better because |
| 2. | Α | I don't know what to do. I received an offer for a job. It looks really interesting, but it doesn't pay very well. I'm going to have to make up my mind if I want to |
| | В | That's a hard decision to make. You might want to |
| 3. | Α | I need more exercise. I ought to make an effort to every day, but it takes so much time. |
| | В | Well, you don't have to, but you ought to |
| 4. | Α | I have a friend who makes fun of me all the time, but I'd rather not |
| | В | That's not good. I think you're going to have to |
| 5. | Α | My sister hasn't applied to college. She's got to if she wants to |
| | В | She'd better decide soon because she's got to |

Speaking naturally Reduction of verbs

You might want to try a new instructor. (wanna)
You'd better study the driver's manual. (you better)
You're going to have to practice more. (gonna hafta)

You ought to take more lessons. (oughta)
You've got to pay attention! (gotta)

A 1) 2.25 Listen and repeat the sentences above. Notice the reduction of the verbs. In what situation might a person give this advice? Can you think of other advice?

About B Group work Think of six pieces of advice for a student who's not doing well in class.

Talk about it What's your advice?

Group work Imagine a friend is in each situation. Give as much advice as you can.

- 1. You're tired and don't feel like going to a friend's party, but you know you ought to go.
- 2. You have time to do some regular volunteer work on the weekend or take a part-time job.
- 3. You had an interview for a job you really want, but it didn't go well.

"Well, you ought to just tell your friend, you know. And say you're not in the mood for a party."

((Sounds right p. 138

Less is more



Reading

- A Do you ever multitask? What kinds of things do you do at the same time? Is multitasking a good thing to do?
- B Read the blog. What does it say about multitasking?



Writers often ask the reader questions to raise topics and organize their ideas.



http://www.theartandscienceof...





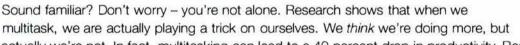
The Art (and Science) of Doing Less and Achieving More

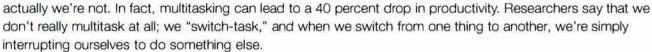
"To do two things at once is to do neither." - Publilius Syrus, Roman philosopher, 100 BCE

Multitasking: An Effective Solution?

With the introduction of various technologies into our everyday lives, multitasking has become a normal feature of our busy days. Doing more tasks ought to mean that we get more done. But does it really? Take this example from a typical day at my job.

Last week, during a meeting, I decided to send a quick email to a client. A minute later, I had to send another email with the attachment I had forgotten. In my third email to him, I had to apologize for sending the wrong attachment. When I eventually focused on the meeting, I realized someone was asking me a question, but because I wasn't paying attention, I couldn't answer it and I had to ask him to repeat it. Embarrassing.







I did some thinking about all of this and decided to do some research for myself. For one week, I would make an effort not to multitask. During that week, I discovered two surprising things.

First, I made great progress on challenging projects. I stayed with each project when it got hard, and it really made a difference. Now, I no longer avoid tough assignments, I don't get distracted by other things, and I finish one job before I go on to another – even if the job is driving me crazy!

Second, my stress levels dropped dramatically. Research shows that multitasking isn't just inefficient, it's stressful, and I found that was true. It was actually a relief to finish one thing before going on to the next. So how can we change our multi-tasking ways?

A Cure for Multitaskers

First, get rid of interruptions. I now know that when I'm working, I should resist the temptation to check email, and I make sure my phone is turned off.

Second, set yourself a tight deadline. If you think you have to give a presentation in 30 minutes, you might not want to answer that interrupting phone call! Single-tasking to meet a tight deadline will also reduce your stress levels - as long as you meet it, of course!

My experiment convinced me that I don't have to accept multitasking as a way of life. If you make up your mind to avoid distractions and concentrate on one job at a time, you really can achieve more.



- About C Replace the underlined words in each question with the correct form of an expression from the blog. Then ask and answer the questions with a partner.
 - 1. Have you ever done something to fool someone? How did it turn out?
 - 2. What do you do if you're not moving forward on an assignment?
 - 3. Do you often have your attention interrupted by email or phone calls?
 - 4. What kinds of personality traits annoy you a lot?
 - 5. Do you ever decide on a time to finish something that's hard to achieve?
 - 6. Do you find it easy to make decisions about things?
 - Read the blog again. Answer the questions. Then compare your answers with a partner.
 - 1. What happened when the writer tried to multitask?
 - What was the research the writer did?
 - 3. What were the two things the writer learned?
 - 4. What two things does the writer recommend we do to stop multitasking?
 - 5. What is the writer's opinion of multitasking? Do you agree?

Listening and writing When should I do that?

- About A What do you do when you have a lot to do? How do you balance work, friends, and family time?
 - B 4)) 2.27 Listen to four people talk about their time management problems. Which problems did they have? Write the number of the speaker. There are two extra problems.

| a. | I left things | until the | last minute. | |
|----|---------------|-----------|--------------|--|
| | | | | |

d. I couldn't meet deadlines.

b. I couldn't set priorities. ____

- e. I took on too many jobs. ____
- c. I felt I had too much to do. _____
- f. I delayed difficult jobs.
- C (1) 2.27 Listen again and write the advice each speaker received.
- D Read the Help note. Then read the question and answer and circle any sentences that link ideas with as long as, provided that, or unless.

I'm trying to be more organized, so I decided to record my lectures, but I never have time to watch them. Any ideas?

Unless you find time to watch the recordings, there is really no point in having them. So make time to review them - provided that they are worth watching again, of course!

Most people waste time when they are traveling to and from work or school, so use that time to watch your classes on your laptop - as long as you're not driving, of course!

Help note

Linking ideas with as long as, provided that, and unless

- As long as and provided that mean "if" or "only if."
- Unless means "except if" or "if . . . not."



E Pair work Write a question about a time management problem. Then exchange papers and answer your classmate's question. Give advice.



Learning tip Writing sentences to show meaning

When you learn a new expression, use it in a sentence to help you remember it. Add another sentence to clarify or paraphrase the meaning.

> My brother can't make a living as a musician. He doesn't earn enough money.

In conversation

The most common collocations with the verb make are:

- 1. make sure
- 4. make a decision
- 2. make sense
- 5. make a mistake
- 3. make a difference 6. make money

1 Complete the sentences with these expressions.

| d | o my best | make a difference | make a good impression | make up my mind |
|----|---|----------------------------------|----------------------------|----------------------------------|
| 1. | I'm going to | try to | on my new boss. I want h | er to have a good opinion of me. |
| 2. | I'd like to do | something useful in | life. I want to | in people's lives. |
| 3. | I can't | if I want to | buy a new cell phone. I ca | n't decide if I need one. |
| 4. | I find exams | very stressful, but I a | always I tr | y very hard to do well. |
| 2 | 2 Write sentences to help you remember these expressions. | | | |
| | some thinki something f | ng do volunteer un make a decisi | | one |

- 3 Word builder Which expressions below can you complete with make? Find appropriate verbs to complete the other expressions. Write the words on the lines.
- 1. _____changes 3. _____ a dream
 - 5. _____a suggestion
 - 7. _____ a walk

- 2. a mess 4. _____progress
- __plans



On your own

Choose five expressions and make a "to do" list using them.



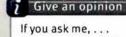
Can Now I can . .

- ✓ I can . . .
- I need to review how to . . .
- talk about the future.

- understand people discussing invitations.
- ask for and give advice about personal situations.
- understand people discussing time management.
- end phone calls with expressions like I'd better go.
- read a blog about multitasking.
- say good-bye in a friendly, informal way.
- write some advice about time management.

What do you think?

- A Complete these opinions with a verb or to + verb. Compare with a partner.
- 1. Parents shouldn't let teenagers <u>watch</u> violent shows on TV.
- Parents ought to make their kids ______ books every night.
- Teachers ask students too much homework.
- 4. Parents shouldn't help their children ______ their homework.
- Parents shouldn't let their children ______ too much junk food.
- Parents should get their kids _____ more vegetables and fewer sweets.
- 7. We shouldn't let young people _____ cars until they're 21.
- We ought to make all teenagers ______ some volunteer work.
- B Group work Discuss three or four opinions above. Use the expressions in the boxes to give your opinions and to show when you agree.
 - A If you ask me, parents shouldn't let teenagers watch violent shows on TV.
 - B Absolutely. It seems to me that teenagers are becoming more violent because of TV.
 - C I don't know. I don't think people learn violent behavior from TV.



play

If you ask me, ... It seems to me that . . . I don't think . . .

push

√ visit





be

bring

The way it used to be

buy

Complete the story with the correct form of the verbs below.

complain

| When I was a kid, we | used to <u>visit</u> | my grandparents | every |
|------------------------|----------------------|-------------------|-----------|
| month. They | _ two hours from | our home, so we a | lways |
| some book | s to read in the ca | ar. I used to | the |
| drive, and I'd always. | , so my | dad would | us ice |
| cream. That | _fun. When we | to my gran | dparents' |

get

house, my grandma would always let us _____ in her yard. They had a swing set, and my grandpa would _____ us on the swings.





How many words can you remember?

Write expressions with do or make about six family members or friends. Then tell a partner about each person, using the expressions.

1. my uncle George > makes his living as a teacher / doesn't make a lot of money 2. my friend Yoko > does medical research

hate live

[&]quot;My uncle George makes his living as a teacher. He doesn't make a lot of money, but he loves his work."

What's going to happen?

Complete the conversation with appropriate ways to talk about the future, using the verbs given. More than one correct answer is possible in some cases. Then practice with a partner.

| Cindy | What time does your train <u>leave</u> (leave) today? | | |
|-------|---|--|--|
| Dana | I (take) the 3:30 train. Oh, no, it's almost 3:00! | | |
| Cindy | Don't worry. I (drive) you to the station. | | |
| Dana | Oh, you don't have to do that. I (call) a taxi. | | |
| Cindy | No way! I can take you. I (go) to the mall this afternoon. It's not far from the train station. | | |
| Dana | Are you sure it (not be) a problem? | | |
| Cindy | No problem at all. I (meet) a friend there at 4:00 | | |
| Dana | Well, OK. Thanks. I (get) my suitcase. | | |
| Cindy | Yeah. We (have to) leave right away. | | |
| Dana | OK. I (be) ready in five minutes. | | |



A healthy diet?

- A Complete the sentences with different foods. Use your own ideas. Then discuss with a partner. Do you agree?
- 1. It's not healthy to eat too many <u>hamburaers</u>.
- 2. If you want to lose weight, eat very few ____
- 3. If you eat too much ______, you'll gain weight.
- 4. You should drink very little _____
- 5. A little _____ every day is good for you.
- 6. People should eat less _____ and more __
- B Pair work Replace the underlined words in these sentences. How many true sentences can you make? Compare with a partner.
- I like boiled eggs better than fried eggs.
- 2. I drink about three cans of soda a day.
- 3. I'm trying to eat less ice cream and fewer doughnuts.
- 4. I always keep a jar of mayonnaise in my refrigerator.
- I ate too much candy and not enough fruit yesterday.
 - A I like roast chicken better than fried chicken. How about you?
 - B Actually, I prefer barbecued chicken.

Get off the phone!

Role play Student A: You are planning a special dinner for an English-speaking visitor to your country. Call your partner to ask for advice about what kind of food to prepare.

Student B: Your partner calls to ask for advice just as you are leaving to meet a friend. Try to end the conversation politely.

Irregular verbs

| Base form | Simple past | Past participle |
|-------------|---------------|-----------------|
| be | was/were | been |
| beat | beat | beaten |
| become | became | become |
| begin | began | begun |
| bite | bit | bitten |
| bleed | bled | bled |
| blow | blew | blown |
| break | broke | broken |
| bring | brought | brought |
| build | built | built |
| burn | burned/burnt | burned/burnt |
| buy | bought | bought |
| catch | caught | caught |
| choose | chose | chosen |
| come | came | come |
| cost | cost | cost |
| cut | cut | cut |
| dig | dug | dug |
| do | did | done |
| draw | drew | drawn |
| dream | dreamed/dream | dreamed/dreams |
| drink | drank | drunk |
| | drove | |
| drive | | driven |
| eat fall | ate fell | eaten |
| | | fallen |
| feed | fed | fed |
| feel | felt | felt |
| find | found | found |
| fight | fought | fought |
| fly | flew | flown |
| forget | forgot | forgotten |
| forgive | forgave | forgiven |
| freeze | froze | frozen |
| get | got | gotten |
| give | gave | given |
| go | went | gone |
| grow | grew | grown |
| hang | hung | hung |
| have | had | had |
| hear | heard | heard |
| hide | hid | hidden |
| hīt | hit | hit |
| hold | held | held |
| hurt | hurt | hurt |
| keep | kept | kept |
| know | knew | known |
| lead | led | led |
| leave | left | left |
| lend | lent | lent |
| let | let | let |
| lie | lay | lain |

| Base form | Simple past | Past participle |
|------------|---------------|-----------------|
| light | lit | lit |
| lose | lost | lost |
| make | made | made |
| mean | meant | meant |
| meet | met | met |
| pay | paid | paid |
| prove | proved | proven/proved |
| put | put | put |
| quit | quit | auit |
| read | read | read |
| ride | rode | ridden |
| ring | rang | rung |
| rise | rose | risen |
| run | ran | run |
| say | said | said |
| see | saw | seen |
| sell | sold | sold |
| send | sent | sent |
| set | set | set |
| sew | sewed | sewn/sewed |
| shake | shook | shaken |
| shine | shone | shone |
| shoot | shot | shot |
| show | showed | shown/showed |
| shut | shut | shut |
| sing | sang | Sung |
| sink | sank | sunk |
| sit | sat | sat |
| sleep | slept | slept |
| speak | spoke | spoken |
| speed | sped | sped |
| spend | spent | spent |
| spill | spilled/spilt | spilled/spilt |
| spring | sprang | sprung |
| stand | stood | stood |
| steal | stole | stolen |
| stick | stuck | stuck |
| strike | struck | struck |
| swim | swam | swum |
| take | took | taken |
| teach | taught | taught |
| tear | tore | torn |
| tell | told | told |
| think | thought | thought |
| throw | threw | thrown |
| understand | understood | understood |
| wake | woke | woken |
| wear | wore | worn |
| win | wore | won |
| wind | wound | wound |
| write | wrote | written |



Beginning



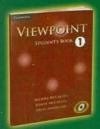
High Beginning



Low Intermediate



Intermediate



High Intermediate



Advanced

TOUCHSTONE

Touchstone is an innovative four-level series for adults and young adults, taking students from beginning to intermediate levels (CEFR: A1 – B2). Based on research into the Cambridge English Corpus, Touchstone teaches English as it is really used. It presents natural language in authentic contexts, and explicitly develops conversation strategies so learners speak with fluency and confidence.

New in the Second Edition

- Extra grammar practice focuses on key grammar points in each unit.
- Can-do statements help students understand the learning outcomes of each lesson and rate their own performance.
- Common error information from the Cambridge Learner Corpus helps students avoid making basic errors.
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Touchstone Components

For Students

Student's Book Workbook print and online

For Teachers

Teacher's Edition with Assessment Program Presentation Plus: classroom presentation software

Class Audio CDs Video DVD Video Resource Book Placement Test

Touchstone Blended Learning



- Maximum flexibility for students and teachers lessons can be done in class or online
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- Includes games, animated grammar presentations. online communication activities and more

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www.cambridge.org/touchstoneblended

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CAMBRIDGE FNGLISH CORPLIS TOUCHSTONE 1 TOUCHSTONE 2 TOUCHSTONE 3 TOUCHSTONE 4 VIEWPOINT 1

CEFR

VIEWPOINT 2

A1

A2

B1

B2

C1

The Cambridge English Corpus is a multi-billion word collection of written and spoken English. It includes the Cambridge Learner Corpus, a unique bank of exam candidate papers.

Our authors study the Corpus to see how English is really used, and to identify typical learner mistakes. This means that Cambridge materials help students to avoid mistakes, and you can be confident the language taught is useful, natural and fully up to date

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